

PREVENTIVE CARE



At Unicare Medical Center, we care about your health and bring all the benefits of quality healthcare within reach. Companies constantly face the question of what benefits to offer their employees. High-quality medical care focused on prevention has long been one of the most effective benefits. Well-designed healthcare benefits support corporate goals, particularly health, productivity, motivation, and employee retention. They also contribute to long-term cost savings. We offer you a comprehensive package of one-time preventive examinations designed to maximize these goals and support the health and healthy lifestyle of your employees.

Benefits for your company and its employees

✓ We are your partner

We actively participate in creating your preventive care strategy to ensure alignment with your priorities and needs. Account management throughout the collaboration is an integral part of our services.

✓ We provide continuous support

We assist in the implementation of the program. We work with you on employee communication, prepare communication and information materials, and ensure the organization and oversight of the timing and execution of health check-ups.

✓ We ensure individualized care

Based on the findings and results of the preventive examination, individual consultations and recommendations for further steps are provided for each employee. Generalized results then serve as the basis for the future direction of healthcare in your company, ensuring that the program delivers long-term results.

✓ We save you time and resources

Examinations and tests are typically conducted within one working day at the clinic. If external examinations or different timing are necessary, you will

be informed in advance. Employees have access to a care coordinator who guides them through the entire process.

✓ We draw on long-term experience

We have long-standing collaborations with many international companies. We are experienced with specific requirements for preventive care, such as the scope of check-ups for Japanese and Korean investments. We offer reporting and communication in English and 14 other foreign languages.

Unicare Essential

Basic Preventive Examination **13.900 CZK**

Maintain your health with the Unicare Essential preventive examination. This comprehensive package offers a thorough overview of your health, focusing on key areas to ensure peace of mind and a healthier future.

CLINICAL EXAMINATION

- ✓ Comprehensive physical examination, including medical history, blood pressure, heart rate, oxygen saturation, temperature, weight, height, visual acuity, color vision
- ✓ Basic dermato-oncological screening performed by a general practitioner
- ✓ Examination by a physiotherapist

LABORATORY EXAMINATION

Hematology:

- ✓ Comprehensive blood count + diff

Biochemistry:

- ✓ Mineralogram (Na, K, Cl, Mg)
- ✓ Urea, Creatinine, Uric Acid
- ✓ Bilirubin, ALT, AST, ALP, GMT
- ✓ Blood glucose
- ✓ Lipidogram: Total cholesterol, triglycerides, HDL – cholesterol, LDL – cholesterol
- ✓ TSH
- ✓ Vitamin D

Urine Examination:

- ✓ Urine Examination:

Screening Tests:

- ✓ FOB Test (Fecal Occult Blood Test)

ADDITIONAL SERVICES

- ✓ Final report with recommendations



How to book?

Contact us and schedule your preventive health check-up. Take the first step towards a healthier future with Unicare!

Unicare Premium

Premium Preventive Examination **27.900 CZK**

Experience truly comprehensive preventive care with the Unicare Premium preventive examination. This package offers the widest range of laboratory tests and medical examinations, providing a detailed overview of your health.

CLINICAL EXAMINATION

- ✓ Comprehensive physical examination, including medical history, blood pressure, heart rate, oxygen saturation, temperature, weight, height, visual acuity, color vision
- ✓ Dental examination including dental hygiene
- ✓ Examination by a dermatologist, including dermatological screening
- ✓ Resting ECG
- ✓ Abdominal ultrasound
- ✓ Examination by a cardiologist, including ECHO and ultrasound of the heart
- ✓ Carotid artery ultrasound
- ✓ Physical examination: BMI, body composition analysis
- ✓ Examination by a physiotherapist

LABORATORY EXAMINATION

Hematology:

- ✓ Comprehensive blood count + diff
- ✓ Blood group + RhD factor
- ✓ Erythrocyte sedimentation rate

Biochemistry:

- ✓ Mineralogram (Na, K, Cl, Mg)
- ✓ Urea, Creatinine, Uric Acid
- ✓ Bilirubin, ALT, AST, ALP, GMT
- ✓ Blood glucose, HbA1c
- ✓ Lipidogram: Total cholesterol, triglycerides, HDL – cholesterol, LDL – cholesterol
- ✓ TSH, fT4
- ✓ Pancreatic amylase
- ✓ Total protein, Albumin
- ✓ CRP (C-reactive protein)
- ✓ Vitamin D

Urine Examination:

- ✓ Chemical analysis of urine + sediment

Screening Tests:

- ✓ FOB Test (Fecal Occult Blood Test)
- ✓ Expanded oncological screening (tumor markers):
 - ✓ PSA, fPSA (men)
 - ✓ CA 15-3 (women)
 - ✓ CA 19-9 (men and women)
 - ✓ CA 125 (women)
 - ✓ CEA (men and women)

Immunologie:

- ✓ Determination of antibody levels against Tetanus and Measles

ADDITIONAL SERVICES

- ✓ Final report with recommendations

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